

EVERY DAY

with RACHAEL RAY

rachaelraymag.com



top to bottom

Really want to treat yourself? These big, fabulous—and affordable—packages are tickets to total-body satisfaction.

Watertown, MA

\$190 essentials spa package

A massage, facial, paraffin wax treatment and manicure-spa-pedicure combo add up to four decadent hours at the **Tranquility Day Spa**. For another \$20, Donna, a massage therapist, will give you a tarot card reading. (15 Spring St., watertownspa.com, 617-924-1026)



The Spa at Wynn Las Vegas

Woodcliff Lake, NJ

\$100 Get Away package

Head to **Daydream Day Spa**, housed in a gorgeous Victorian, for this two-hour sampler that won't break the bank: Choose between a Swedish massage or a facial, followed by a mani-pedi. (116 Broadway, daydreamdayspa.com, 201-782-0277)

Richmond, VA

\$35 spa sampler

A pro from the mobile **SPAmerica** will come to your home or hotel and give you a warm neck wrap, hand and eye treatment, shoulder massage and lip exfoliation, all in the time it takes to watch an episode of *The Office*. (myspamerica.com, 866-883-7957)

Blue Ridge, GA

\$275 girlfriends' weekend

Grab four of your best buds and head to **Serenity in the Mountains**, an elegant lodge in Northern Georgia. The girlfriends' package includes a facial, a massage and a mani-pedi, plus two nights' lodging with breakfast, a private wine and cheese party and \$100 credit at a nearby restaurant. (59 McKinney Road, serenityinthemountains.com, 706-258-2244)

Racine, WI

\$285 dawn-to-dusk pampering

You'll feel at home at the friendly **Headlines Hair Design Studio and Day Spa**. Good thing, because this package is seven hours long and includes a facial, massage, mani-pedi, makeup application and lunch. (1139 Blaine Ave., headlinesofracine.com, 262-636-1900)

Portland, OR

\$165 whole-body overhaul

Spa Willamina, tucked in the basement of a 1920s bungalow, has thoughtful touches, including a pebble-inlaid shower. The May special combines a massage, facial, scalp treatment and floral foot treatment—two and a half hours of bliss. (2223 N.E. 43rd Ave., spawillamina.com, 503-287-2787; special, regularly \$235)

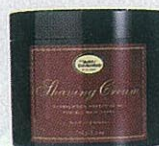
Las Vegas

\$25 spa day pass

Skip the slot machines and spend your dough at **The Spa at Wynn Las Vegas**. Detox in the eucalyptus steam room, or settle in for a soak in the shell-shaped Jacuzzi. (3131 Las Vegas Blvd. S., wynnlasvegas.com, 702-770-3900; available to nonresort guests Mon.-Thurs.)



Well-Heeled Salon and Spa



Bring It Home

The earthy, masculine scent of sandalwood shows up in incense and in **Sandalwood Essential Oil Shaving Cream** (\$22, theartofshaving.com).



just for men

Cool men's salons and spas are popping up all over the country. These reasonably priced packages will make any guy feel like a king.

Exton, PA

\$45 straight-razor shave

Regulars come to the handsome barbershop **Shaving Grace Barbers** for the ultimate flat-blade shave, which is essentially a facial for men who don't want to sign up for a facial. Plus, they'll get a damn good shave. (269 Main St., shavinggracebarbers.com, 866-427-4283)

Chicago

\$44 The Man haircut package

Halo [For Men] is practically guaranteed to bring out a guy's devilishly indulgent side: sink into black leather chairs, crack open complimentary Red Bulls, and watch the game on flat-screen TVs—all while enjoying a hand massage and paraffin treatment. It comes as part of the basic haircut package. (multiple locations including 1655 N. Damen Ave., halochicago.com, 773-342-4256)

Dallas

\$50 look good fast package

Swing by the tricked-out **Boardroom Salon for Men**, a stylish men's spa with a pool table and chessboards, and enjoy a shampoo and scalp massage, haircut, hand massage and paraffin dip, plus a minifacial—all in less than an hour. (5550 W. Lovers Lane, Suite 169, theboardroomsalon.com, 214-358-7565)

San Diego

\$35 full-service haircut

At **Well-Heeled Salon and Spa**, waiting is half the fun: There's free beer and flat screens tuned to sports. Tear yourself away for the haircut, which includes a scalp treatment, post-cut shampoo (to wash away hairs), warm face towel and even a shoe shine. (350 10th Ave., Suite 101, wellheeledsalonspa.com, 619-338-8385) ■



DO IT YOURSELF! Visit rachaelraymag.com/may and learn how to cook up a chamomile facial, oatmeal body scrub and rice-filled neck pillow.